

# Naïssam Jalal — Healing Rituals

country: **France**

year: **2023**

time: **49:00**



tracks:

*Rituel du vent* (6:14), *Rituel du soleil* (6:07), *Rituel des collines* (4:32), *Rituel de la rivière* (7:54), *Rituel de la terre* (5:30), *Rituel de la forêt* (3:49), *Rituel de la lune* (9:51), *Rituel de la brume* (4:10)

info: [naissamjalal.com](https://naissamjalal.com)

samples: [Bandcamp](#)



Owen Davies

Sensual, primeval, reflective, mysterious, and aggressive. These evocative words sum up some of the many moods to be experienced during Jalal's outstanding *Healing Rituals*. It is undeniably one of my favourite albums of the year.

Its mixture of Arabic and African rhythms, chamber music, Jazz and a host of other influences ensures that the album tantalises and floods the senses in different ways. The musicians that feature are Naïssam Jalal flute and vocals, Clément Petit, cello, Claude Tchamitchian, double bass, and Zaza Desiderio drums.

The principal instrument is the flute. Although Jalal's ethereal and mysterious vocals dress several of the tunes in an evocative and thought-provoking manner (listen to the shrieks and wails of *Rituel de la terre*), it is the outstanding flute melodies that leave an impression.

Her mastery of an array of flute tones is magnificent. Breathily, forceful, and guttural in tunes like *Rituel du soleil*; delicately enchanting and wistful in pieces such as *Rituel du vent*.

*Rituel de la lune* is probably the stand-out piece. It builds slowly and in its early stages its minimalist approach and sparse instrumentation has a timeless quality. Earthy rhythmic patterns, frenzied flute improvisations, and innovative vocalisations, swirl around in a tantalising multi flavoured concoction. It is a tune that simmers with raw emotion, and outstanding musicianship, as it inexorably travels towards its tumultuous climax in a ferocious crescendo of eye bulging flute bursts. I simply love it!

*Healing Rituals* mixture of progressive world music served with a dressing of jazz is a wonderful accompaniment for anybody wishing to recharge.

